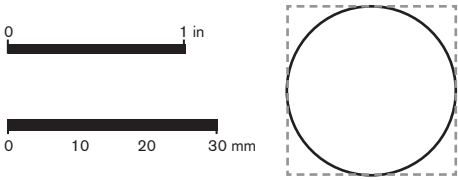


HOW TO DETERMINE YOUR RING SIZE

CONFIRM PRINTED PAPER SIZE

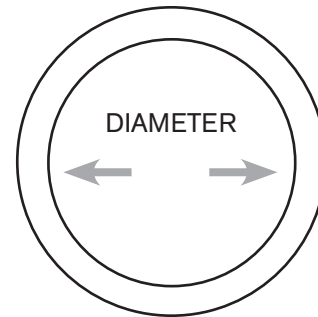


1. **Ring measurements are very precise.** Carefully follow these instructions to obtain an accurate measurement.
2. **Prior to printing,** ensure that Page Scaling is set to "None" on your print dialog box. (To open the print dialog box, press CTRL+P.)
3. **Measure the bar on the left.** It must be exactly 1 inch or 30 mm long. Alternately, place a quarter where indicated. The quarter should fit completely over the image so that all lines are covered, without the quarter hanging over any edges.

MEASURE CURRENT RING

1. Select a ring that properly fits the intended finger.

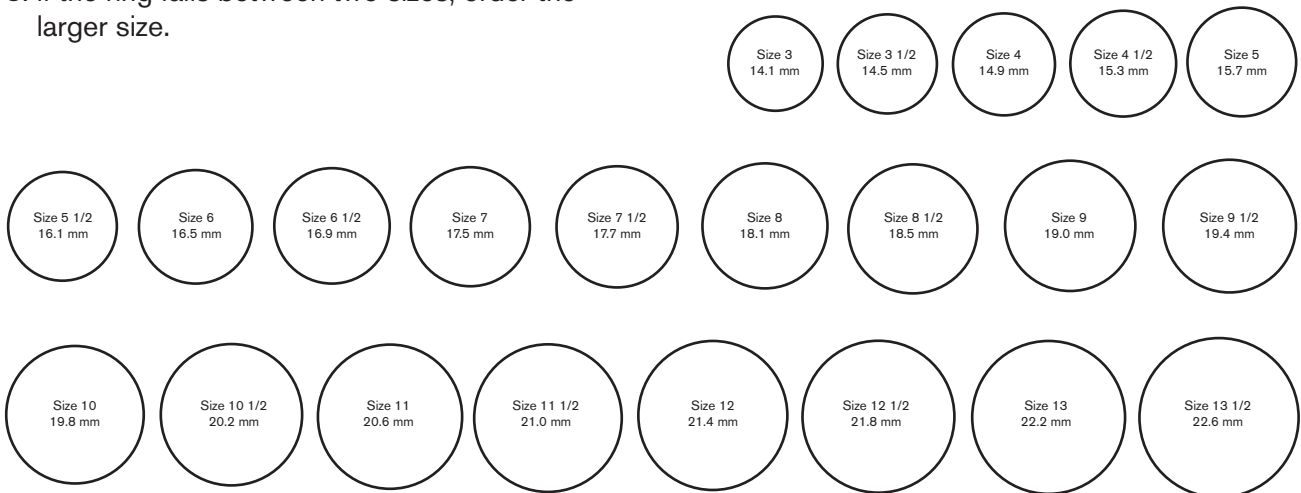
Engagement and wedding rings are traditionally worn on the ring finger on the left hand in the United States.



2. Place the ring over the circles below, matching the inside edge of the ring to the circle nearest in size. This measurement refers to the **diameter** of the ring.

**MEASUREMENTS MATCH THE
INSIDE EDGE OF THE RING**

3. If the ring falls between two sizes, order the larger size.



MEASUREMENTS REFLECT RING SIZES IN THE US AND CANADA

INTERNATIONAL RING SIZE CHART

	Diameter (mm)	United States and Canada	UK, Europe, and Australia	Asia	Switzerland
44.2	14.1	3	F	4	4
44.8	14.3		F 1/2	5	5 1/4
45.5	14.5	3 1/2	G		
46.1	14.7		G 1/2	6	6 1/2
46.8	14.9	4	H	7	
47.4	15.1		H 1/2		7 3/4
48.0	15.3	4 1/2	I	8	
48.7	15.5		J		9
49.3	15.7	5	J 1/2	9	
50.0	15.9		K		10
50.6	16.1	5 1/2	K 1/2	10	
51.2	16.3		L		11 3/4
51.9	16.5	6	L 1/2	11	12 3/4
52.5	16.7		M	12	
53.1	16.9	6 1/2	M 1/2	13	14
53.8	17.1		N		
54.4	17.3	7	N 1/2	14	15 1/4
55.1	17.5		O		
55.7	17.7	7 1/2	O 1/2	15	16 1/2
56.3	17.9		P		
57.0	18.1	8	P 1/2	16	17 3/4
57.6	18.3		Q		
58.3	18.5	8 1/2	Q 1/2	17	
58.9	18.8		R		19
59.5	19.0	9	R 1/2	18	
60.2	19.2		S		20 1/4
60.8	19.4	9 1/2	S 1/2	19	
61.4	19.6		T		21 1/2
62.1	19.8	10	T 1/2	20	
62.7	20.0		U	21	
63.4	20.2	10 1/2	U 1/2	22	22 3/4
64.0	20.4		V		
64.6	20.6	11	V 1/2	23	
65.3	20.8		W		25
65.9	21.0	11 1/2	W 1/2	24	
66.6	21.2		X		
67.2	21.4	12	X 1/2	25	27 1/2
67.8	21.6		Y		
68.5	21.8	12 1/2	Z	26	28 3/4
69.1	22.0		Z 1/2		
69.7	22.2	13		27	
70.4	22.4		Z + 1		
71.0	22.6	13 1/2			

TIPS FOR MEASURING RING SIZE

MEASURING YOUR FINGER

Your ring should fit your finger comfortably; snug enough so that it will not fall off, but loose enough to slide over your knuckle.

Finger size changes depending on the time of day and the weather. For best results measure your finger size:

1. At the end of the day and when your fingers are warm (Fingers are smaller in the early morning and when cold.)
2. Measure finger size 3 to 4 times to eliminate an erroneous reading.

Avoid using string or paper to measure ring size as these materials can stretch or twist, yielding an inaccurate measurement.

RING SIZES IN THE U.S.

Women's rings typically range from size 3 to 9. The most commonly purchased women's ring sizes range from size 5 to 7. Size 6 is the most popular ring size.

Men's rings typically range from size 8 to 14. The most commonly purchased men's ring sizes range from size 8 to 10-1/2. Size 9 is the most popular ring size.

INTERNATIONAL SIZE CONVERSION

If ordering from outside of the U.S. or Canada, determine your ring size according to your country's standard. Then use the International Ring Size Chart to convert to the corresponding U.S. ring size to place your order.